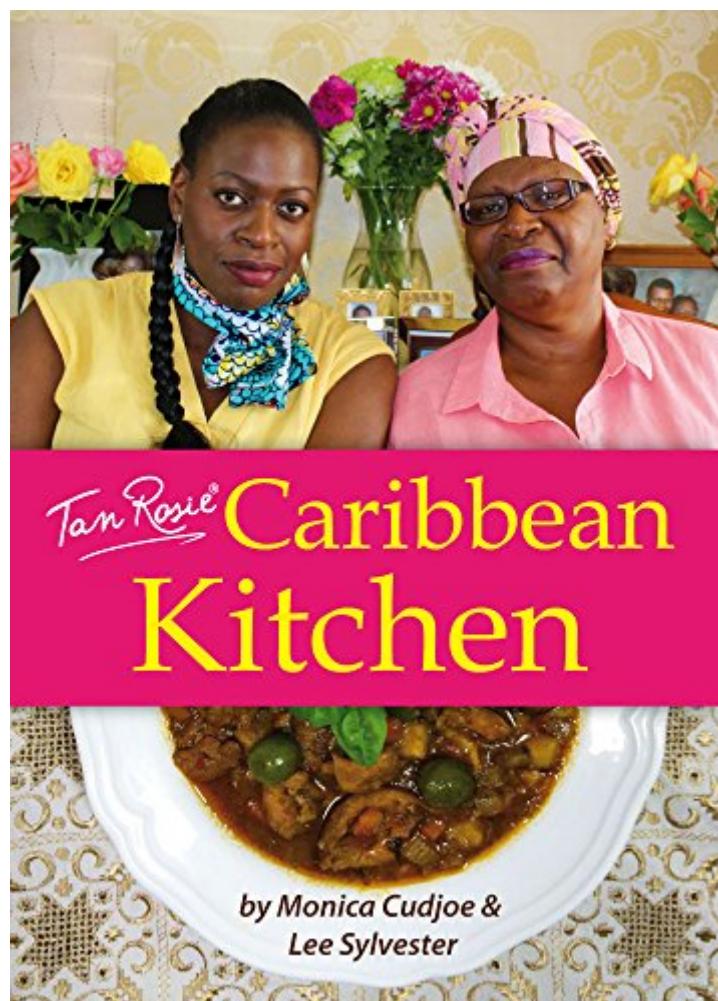


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# Tan Rosie Caribbean Kitchen



## Synopsis

Tan Rosie Caribbean Kitchen is the latest recipe book from mother and daughter team Monica Cudjoe and Lee Sylvester. In this second book, the duo explore tasty recipes from many Caribbean islands including Jamaica, Grenada, St Lucia, Barbados and many more. All recipes are inspired from their travels around the many beautiful islands of the Caribbean. Learn more about Caribbean fruit, vegetables and spices with a handy and informative A-Z guide. Ensure you understand the basics of Caribbean cookery with the 'Essential Cooking Tips' chapter - you'll always achieve an authentic taste with these secret tips! Vegetarians are not left out! There's an extensive range of easy and delicious vegetarian dishes for you to master, perfect for meat eaters too! Get inspiration for your next dinner party with a fantastic selection of Caribbean menus guaranteed to get your taste buds tingling. The beautiful colour photographs are a feast for your eyes and will get you in the mood for cooking.

## Book Information

File Size: 9143 KB

Publisher: Tan Rosie Foods Ltd (July 5, 2016)

Publication Date: July 5, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01I24Q7L6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #894,291 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #85 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Caribbean & West Indian #229 in Books > Cookbooks, Food & Wine > Regional & International > Caribbean & West Indian #348212 in Kindle Store > Kindle eBooks > Nonfiction

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